

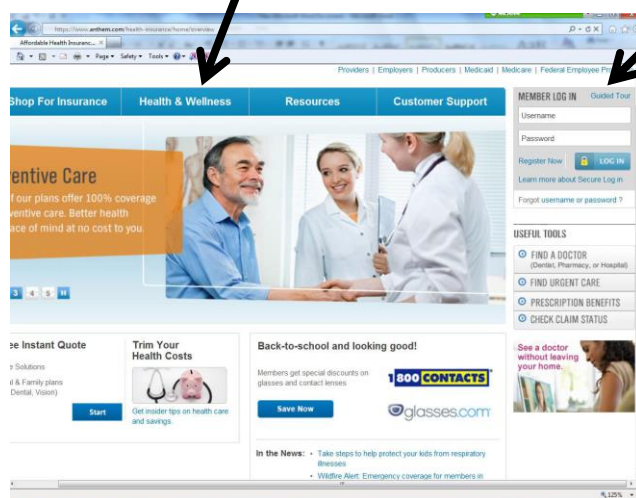


Health Rewards – A Step by Step Guide for Reporting your Annual Checkup

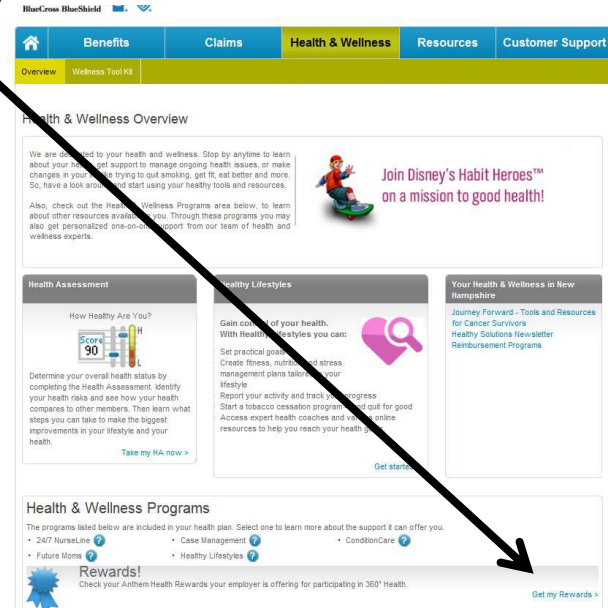
Welcome to the Health Rewards Program. We're excited about the opportunity to reward you for getting your Annual Checkup! Getting rewarded is easy. All you have to do is report the date you received your Annual Checkup in your Health Rewards online portal. If you have questions or need assistance, please contact Anthem Member Services at 1-800-933-8415.

Now let's get you started

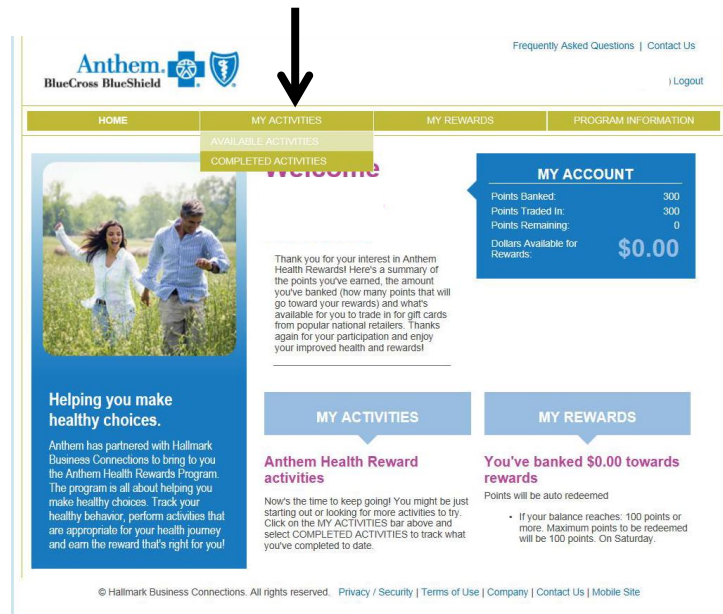
1. Go to www.anthem.com and register with a user name and password. If you have already registered, simply log in and click on the "Health & Wellness" page.



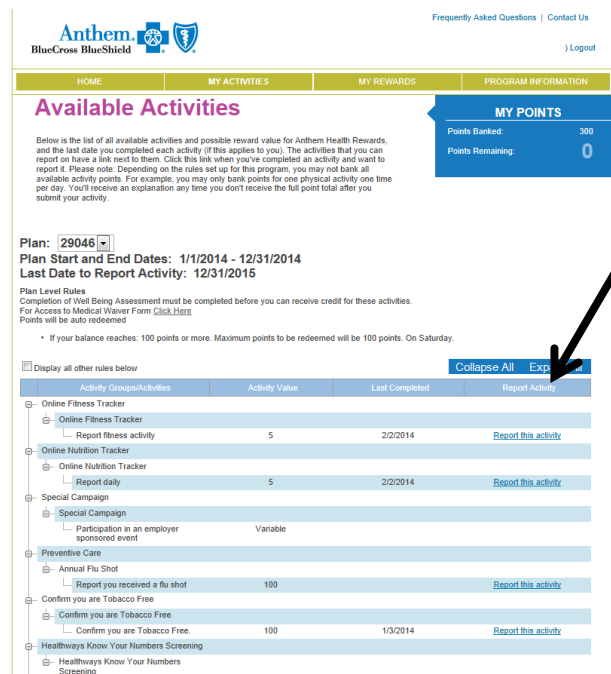
2. Next, click on "Get my Rewards". Select "Continue" in the window that appears.



3. Next, scroll over “My Activities” in the top menu bar and click on “Available Activities”.



4. On this page, you can see what activities you can report including the Annual Checkup. Click on the link that says “Report this activity” to the right of the Annual Checkup activity.



5. You'll then be asked to enter the date you received your Annual Checkup. Once you enter it, click "Continue".

Report Activity

Please review the activity you chose below (if you have selected the wrong activity, click on the "Choose another Activity" link to choose the correct activity). Enter the day you completed the activity and click the "Continue" button. Next, review all of your activity information, check the box saying "I confirm that I've completed this activity" and then click on the "Complete" button. You'll see the total number of points that have been banked. Depending on the rules for your program, you may not bank all of the activity points. You will receive an explanation any time you do not bank all of the points for an activity.

Plan: 29046
Plan Start and End Dates: 1/1/2014 - 12/31/2014
Last Date to Report Activity: 12/31/2015

Completed Activity [Choose Another Activity](#)
Activity: Report that you received screenings or an exam
Activity Points Value:

Completion Date [Change Completion Date](#)
1/1/2014

☐ By checking the box "I confirm that I've completed this activity."

[Continue](#)

MY POINTS
Points Banked: 300
Points Remaining: 0

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6. Finally, select the box to confirm that you completed the activity and click "Complete"

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Please review the activity you chose below (if you have selected the wrong activity, click on the "Choose another Activity" link to choose the correct activity). Enter the day you completed the activity and click the "Continue" button. Next, review all of your activity information, check the box saying "I confirm that I've completed this activity" and then click on the "Complete" button. You'll see the total number of points that have been banked. Depending on the rules for your program, you may not bank all of the activity points. You will receive an explanation any time you do not bank all of the points for an activity.

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Completed Activity [Choose Another Activity](#)
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Activity Points Value:

Completion Date [Change Completion Date](#)
1/1/2014

☐ By checking the box "I confirm that I've completed this activity."

[Complete](#)

MY POINTS
Points Banked: 300
Points Remaining: 0

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7. It will take 2-4 days for Anthem to process your activity date and award your Health Reward points. It will take up to 30 days for your Health Reimbursement to credit in your account. If you have any questions about the Health Rewards Program, please contact the Anthem Member Services telephone number on the back of your Anthem ID card. For questions about your Health Reimbursement Arrangement account, please contact ASIFlex at 1-800-659-3035.